

Ballysteen G.A.A.

10k & 5k Run, Walk & Cycle

U18 Participation



DECLARATION:

I understand and agree that my child (all persons under 18 years of age) shall participate in this Ballysteen GAA fundraiser, and both my child and I agree that they shall adhere to the AAI recommended distances for Juveniles which are:

- Up to U11 (1 Mile – 1.6 KM, turn back 200M before the 1KM marker)
- Age 12-13 (2KM, turn back at the 1KM marker)
- Age 14-15 (3KM, turn back half way between the 1KM and 2KM signs)
- Age 16-18 (5KM, only complete the 5KM circuit as marked)

Where my child is Under 12 years of age I shall accompany them on the route.

Both my child and I agree to enter the Ballysteen GAA Run, Walk & Cycle at our own risk and that my child and I undertake to ensure that my child is medically fit to participate and that they wear appropriate personal protective equipment as per their personal requirements. My child and I understand that neither Ballysteen GAA or our sponsors, associate sponsors, or patrons, will be held responsible for any accident suffered or injury sustained by myself from any cause whatsoever, or for any property lost, mislaid or stolen, on the course or at the changing areas. Furthermore, my child and I hereby grant full permission to any of the foregoing to use photographs, films or recordings of the event for any legitimate purpose. My child and I agree to abide by all lawful instructions issued to me by An Garda Siochana or the stewards on the Course on the day. My child and I have read, understand and agree to all of the above

Signature: _____

Parent/Guardian

Signature: _____

Child

Date: ___ / ___ / 20

CHILD'S FIRST NAME: _____

CHILD'S SECOND NAME: _____

ADDRESS: _____

CONTACT NUMBER: _____

EMERGENCY CONTACT: _____

Please ensure you write your name and emergency contact information clearly on the reverse of your race number

Use of IPods

The organisers strongly advise against the use of an Ipod / Earphone or a similar device whilst participating in the event. You may not be able to hear instructions or safety warnings from our stewards. Be aware that even closed roads will have course vehicles and Emergency vehicles passing competitors. IF YOU CANNOT HEAR, YOU ARE IN DANGER.